

Just warning you ahead of time...this is very emotional.

JESUS DEATH - 60 SECONDS ~~~

60 seconds with God...
For
The next 60 seconds, set aside whatever
You're doing and take this opportunity!
Let's see if Satan can stop this...

THE (SCIENTIFIC) DEATH OF JESUS

At the age of 33,
Jesus was condemned to the death penalty.

At the time crucifixion was the "worst" death. Only the worst criminals condemned to be crucified. Yet it was
Even more dreadful for Jesus, for unlike other criminals condemned to death by crucifixion, Jesus was nailed to the cross by His hands and feet, rather than tied...

Each nail Was 6 to 8 inches long.

The nails
Were driven into His wrist. Not
Into His palms as is commonly
Portrayed. There's a tendon in the wrist that
Extends to the shoulder. The Roman guards knew
That when the nails were being hammered into the
Wrist, that tendon would tear and
Break, forcing Jesus to use His back
Muscles to support himself, so that He could breathe.

Both of His feet
Were nailed together. Thus He was forced to
Support Himself on the single nail that
Impaled His feet to the cross. Jesus could
Not support himself with His legs for long because of the pain, so
He was forced to alternate between arching His
Back and using his legs just to continue to
Breathe. Imagine the struggle, the pain, the
Suffering, the courage.

Jesus endured this
Reality for over 3 hours.

Yes,
Over 3 hours! Can you imagine this kind of
Suffering? A few minutes before He died,
Jesus stopped bleeding. He was simply pouring water
From his wounds.

From common images we see wounds to His hands and feet and
even the spear wound to His side...
But do we remember the many wounds
Made to his body. A hammer
Driving large nails through the wrists, the feet overlapped
And a nail hammered through the arches, then a
Roman guard piercing His side with a spear. And...
Before the nails and the spear, Jesus was whipped and
Beaten. The whipping was so severe that it tore the
Flesh from His body. The beating so horrific that His
Face was torn and his beard ripped from His face. The
Crown of thorns (two to three inch thorns) cut deeply into His scalp.

Most men
Would not have survived this torture.

He had no more blood
To bleed out, only water poured from His
Wounds. The
Human adult body contains about 3.5 liters
(just less than a gallon) of blood.

Jesus poured all 3.5 liters of his blood;

He had three nails hammered into His
Members; a crown of thorns on His head and, beyond
That, a Roman soldier who stabbed a spear into His
Chest..

All these without
Mentioning the humiliation He passed after carrying His own
Cross for almost 2 kilometers, while the crowd spat in his
Face and threw stones (the cross beam was almost 30 kg of
weight, to which His hands were nailed).

Jesus had to endure this experience,
So that you may have free access to God.

So that your sins can be "washed" away.

All of them, with no exception!
Don't ignore this.

**JESUS
CHRIST DIED...FOR YOU!**

For you, who now read this e-mail.
Do not believe that He only died for others
(those who go to church or for pastors, bishops, etc).

He died for you!
It is easy to e-mail jokes or silly photos,
But when it comes to God,
Sometimes we feel ashamed to forward a message about Him on
To others.
We are worried of what they may think.

Accept the reality, the truth, that
JESUS IS THE ONLY SALVATION FOR THE WORLD.

God has special plans for YOU!
Share this with all your friends...
About what He went through to save you.
Really think about it!

May God bless you!

For the next 60 seconds,
Set aside what you're doing and take
This opportunity! Let's see if Satan can stop this.

All you have to do is:

1. Pray for the person who sent this message to you.
2. Send this message to 10 people.. . **More if you wish** .
3. That way, 10 people will pray for you
and you will encourage many people
to pray to God for others.
4. Take a moment to appreciate the power of God in your life, as

you do what pleases Him.

If you are not ashamed to do this, please, follow Jesus' instructions.

He said (*Matthew 10:32 & 33*): "Everyone therefore who acknowledges me before others, I also will acknowledge before My Father in heaven; but whosoever denies Me before others, I also will deny before My Father in heaven".